



## Application to register additional trusted persons for one or more existing directives

Please complete the form, **sign it and post it back**  
to the Central Register at the following address:  
Zentrales Vorsorgeregister, Postfach 08 01 51, 10001 Berlin.  
Please do not send us the actual directive documents.  
**Fields marked \* are mandatory.**  
Please read the information at the end of the form carefully.



### I. Details of the principal / issuer

(Issuer of LPA / issuer of guardianship directive / issuer of advance medical directive / person exercising opt-out)

1. \* Surname, first name
2. \* Date of birth

### II. Details of agent / proposed guardian

1. \* The trusted person is to act as (you can select more than one option)  
an agent with  
the power to act alone or  
joint power of representation  
a proposed guardian
2. \* Term of address  
Ms Mr None
3. Title  
Prof. Dr
4. \* First name(s)
5. \* Surname
6. Surname at birth
7. \* Date of birth
8. Country
9. \* Street
10. \* Number
11. Additional address information
12. \* Postcode
13. \* Town / city
14. Telephone number
15. E-mail address

PZ

\* Surname and first name of the principal / issuer

\* Date of birth of the principal / issuer

I – the principal / issuer – hereby apply for the above details to be registered.



**Place, date**      \* **Signature of the principal / issuer**

# Form PZ – Information

The Federal Chamber of German Civil Law Notaries maintains the Central Register of Lasting Powers of Attorney in accordance with section 78 (2) no. 1 and section 78a of the Federal Code for Notaries. The Central Register is designed to provide rapid and reliable information to adult guardianship courts and doctors about any directives that may be in place (lasting powers of attorney, guardianship directives, advance medical directives and opt-outs from spousal representation in medical emergencies pursuant to section 1358 (1) and (2) of the German Civil Code). This benefits citizens by avoiding guardianships being ordered unnecessarily and ensures that doctors and the adult guardianship courts can find and access directives promptly. The Central Register thus both strengthens citizens' right to self-determination and improves the efficiency of the judicial and healthcare systems.

## Registering trusted persons is always advisable

A trusted person is someone you have authorised in your directive document to represent you (**agent**) and/or someone you have named to be appointed as your guardian in the event of legal guardianship (**proposed guardian**). You are strongly advised to register the trusted person(s) named in your directive document so that doctors and the adult guardianship courts have as much information as possible when deciding whether a directive is relevant to guardianship proceedings or decisions on medical treatment. Registering the trusted person(s) also ensures that they can be quickly identified in an emergency and contacted by the adult guardianship court or doctor.

## Form PZ is only required if you wish to name more than one trusted person in a new registration application

Please note that form **PZ** is a supplement to form **P**. You **only need** form **PZ** if you are making a new registration application and wish to register more than one trusted person. Form **P** allows you to specify one trusted person. One form **PZ** is then required for each additional trusted person. You can submit form **P** with multiple **PZ** forms. However, you cannot submit one form **PZ** with multiple **P** forms.

If you have registered a directive without using the option to specify a trusted person, you can add a trusted person at a later date using form **ZK**.

## Form PZ

Please fill out the application form clearly and in full, and use capitalisation where appropriate. Fields marked \* are mandatory. Please post your signed application **together** with form **P** to: Zentrales Vorsorgeregister, Postfach 08 01 51, 10001 Berlin. Under no circumstances should you send the actual directive document. The application must be signed by the principal / issuer. It is always advisable to ask the trusted person if they are willing to act on your behalf if the need arises. To protect data privacy rights, all trusted persons are notified of their registration in the Central Register of Lasting Powers of Attorney and of their right to request the erasure of their data at any time.

### I. Details of the principal / issuer

Please ensure the details you provide are accurate. This information is essential if your directive is to be found when it is required.

**Sections 1 and 2:** A **PZ** form must always refer to a **P** form and thus to a specific principal / issuer. Sections 1 and 2 should therefore be completed using the corresponding details from the **P** form. This ensures it is clear whose trusted person is being registered.

### II. Details of agent / proposed guardian

Please make sure that the details of the trusted person (agent or proposed guardian) are accurate to ensure that they can be contacted if required. We recommend that you provide a telephone number. If you have designated more than one agent, please specify for each agent whether they have the power to represent you on their own or whether they may only act jointly with one or more other agents.

Please always submit form **PZ** with the corresponding form **P**. You can alternatively use our online registration option (at a reduced fee) at [www.vorsorgeregister.de](http://www.vorsorgeregister.de).

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## Contact

Bundesnotarkammer, K.d.ö.R.  
Zentrales Vorsorgeregister

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10001 Berlin

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